

Chef's Recommendations Set Meals

(A) For 2 Persons

Starters

1 Chicken Tikka, 1 Onion Bhaji

Main Course

1 Chicken Tikka Massala, 1 Lamb Balti

Side Dishes

1 Bombay Potato, 1 Pilaw Rice,
1 Plain Rice, 1 Nan Bread,
2 Papadoms, 1 Onion Salad

£19.95

(B) For 2 Persons - Vegetarian

Starters

1 Veg Somosa, 1 Onion Bhaji

Main Course

1 Vegetable Biryani, 1 Balti Chana Sag

Side Dishes

1 Cauliflower Bhaji, 1 Pilaw Rice,
1 Nan Bread,
2 Papadoms, 1 Onion Salad

£16.95

(C) For 4 Persons

Starters

2 Chicken Tikka, 2 Tandoori Chicken

Main Course

2 Chicken Bhuna, 2 Lamb Bhuna

Side Dishes

1 Mushroom Bhaji, 1 Bindi Bhaji
2 Pilaw Rice, 2 Nan Bread,
4 Papadoms, 2 Onion Salad

£36.95

(D) For 4 Persons - Vegetarian

Starters

2 Veg Somosa, 2 Onion Bhaji

Main Course

2 Vegetable Biryani, 2 Sag Aloo,
1 Mushroom Bhaji

Side Dishes

2 Nan Bread, 4 Papadoms,
2 Onion Salad

£26.95

Monday Special

Starter - Onion Bhaji

Main Dish - Chicken, Lamb or Veg Curry, Bhuna or Madras

Side Dish - Bombay Aloo or Mixed Vegetables

Rice or Nan - Pilaw Rice or Nan Bread

Only £7.50!

takeaway all-in-one

Special offer for **TAKEAWAY ONLY**.

Served all-in-one container for an easy on the go meal!

Chicken, Lamb or Veg Curry + Pilaw Rice + Drink

Only £4.50!



arches indian fast food Restaurant & Takeaway



Opening Times

We're open 6 days a week

Sun - Thurs	5:30pm - 11.30pm
Tuesday	Closed
Fri - Sat	5:30pm - Midnight

We accept all major credit
and debit cards



Bring Your Own Alcohol!*

FREE DELIVERY!!!

**Orders over £15
Get Free Delivery!***
Within a 2 mile radius

10% Takeaway Discount

**Get 10% off the menu price
when you come in and collect!**

210 Cheltenham Road, Cotham, Bristol, BS6 5QU
Tel: (0117) 924 8062

If there's a dish you would like to try that is not on the menu, just ask us and we will try to prepare it just for you.

MANAGEMENT RESERVES THE RIGHT TO REFUSE SERVICE | *BRING YOUR OWN ALCOHOL (EXCEPT SOFT DRINKS)

*DELIVERY: ORDERS MORE THAN 2 MILES AWAY WILL BE CHARGED £1.50 PER MILE. CASH PAYMENT ONLY ON DELIVERY

Reserve Your Table Online
www.indian-fast-food.com

Starters

Chicken Tikka	£2.75	Onion Bhaji.....	£1.75
Chicken tikka pieces served with green salad and mint sauce		King Prawn Butterfry.....	£4.50
Tandoori Chicken	£2.75	Deep fried King Prawn lightly spiced and coated with breadcrumbs	
Quarter chicken on the bone served with green salad and mint sauce		Aloo or Mushroom Puri	£2.75
Sheek or Shami Kebab	£2.75	Lightly spiced Mushroom or Potatoes, served on a Puri	
Spiced mincemeat skewered or pan fried and served with green salad		Chicken Chat Puri	£3.50
Somosa (meat or vegetable)	£1.95	Sliced Chicken Tikka cooked with chat massala, served on a Puri	
Chicken or Aloo Chat.....	£2.75	Prawn Puri.....	£3.50
Chicken tikka or potatoes cooked in special chat massala spices		Lightly Spiced Prawns served on a Puri	

Tandoori Main Dishes

All dishes served with green salad and mint sauce

Chicken Tikka	£4.95	Chicken Shashlik.....	£5.50
Boneless chicken tikka pieces served with fried onions		Chicken tikka, peppers, onions and tomatoes cooked in the Tandoor	
Tandoori Chicken	£4.95	Tandoori Mix.....	£6.50
Half Tandoori chicken on the bone served with fried onions		Chicken Tikka, Sheek Kebab and Tandoori Chicken with fried onions	
Tandoori King Prawn.....	£10.50	Nan Roll with Chicken Tikka or Sheek Kebab	£6.50
King prawns marinated in special spices and cooked in the Tandoor		Served with a nan bread and salad then rolled up	

Traditional Dishes

Popular dishes that we all know and love is what made Indian food so popular to begin with

Chicken Tikka: £5.25 - Chicken or Lamb: £4.75 - Vegetable: £3.75 - Prawn: £5.50 - King Prawn: £9.95

Kurma.....	Mild	Rogan	Medium
Cooked in a rich creamy coconut sauce		Fresh tomatoes slowly simmered and cooked in a medium sauce	
Curry	Medium	Madras	Fairly Hot
Simple curry cooked in a medium spiced sauce and fresh coriander		Classic dish cooked in a fairly hot sauce and fresh coriander	
Bhuna	Medium	Jalfry.....	Hot
Rich in flavour with fresh tomatoes and coriander in a thick sauce		Freshly sliced chillies and tomatoes cooked in a thick hot sauce	
Dupiaza	Medium	Vindaloo.....	Very Hot
Fresh onions flash fried then cooked in a thick medium spiced sauce		Hot saucy dish cooked with potatoes, a British Classic	

Indian Fast Food Specials

This is where we like to have our own twist on other popular and unique dishes

Chicken Tikka: £5.50 - Chicken or Lamb: £4.95 - Vegetable: £3.95 - Prawn: £5.75 - King Prawn: £9.95

Tikka Massala (chicken tikka only)	Mild	Mushroom Wala	Medium
Special massala spices cooked in red creamy coconut sauce		Cooked with mushrooms and tomatoes in a medium spiced sauce	
Makhon (chicken tikka only)	Mild	Aloo Wala.....	Medium
Creamy dish cooked in a coconut and butter sauce		Cooked with potatoes and tomatoes in a medium spiced sauce	
Passanda	Mild	Bindi Wala.....	Medium
Cooked with almonds and sultanas in a rich creamy coconut sauce		Cooked with okra and tomatoes in a medium spiced sauce	
Moglai	Mild	Brinjal Wala.....	Medium
Cooked with eggs in a sweet mild sauce		Cooked with aubergines and tomatoes in a medium spiced sauce	
Rezela	Medium	Balti	Medium
Cooked with fresh yoghurt, onions and coriander in a thick sauce		Popular dish cooked with special Balti spices	
Jeera	Medium	Dansak	Hot
Whole cumin pan fried with fresh onions, garlic and tomatoes then served in a thick aromatic sauce (best with chicken tikka)		Cooked with lentils and a dash of lemon juice in a sweet, sour and hot sauce	
Garlic	Medium	Pathia	Hot
Thinly sliced garlic and coriander cooked in a thick medium sauce		Fusion of hot, sweet and sour cooked with fresh tomatoes and a hint of lemon	
Methi	Medium	Ceylon	VERY VERY HOT
Finely shredded fenugreek leaves cooked in a medium spiced sauce		Very very hot dish cooked with coconut in a thick sauce	
Chana	Medium	Phal	EXTREMELY HOT
Cooked with chick peas and tomatoes in a medium spiced sauce		Not for the faint hearted. EXTREMELY HOT dish cooked in fiery red sauce and fresh coriander	
Sag Wala	Medium		
Cooked with spinach and tomatoes in a medium spiced sauce			

Chef's Specialities

These are extra special dishes that has been specially created by the Chef for you to enjoy

Karahi		Dall Samba	£4.25
Cooked with fried chunky onions, peppers, tomatoes and special Karahi spices in a thick sauce then garnished with fresh coriander		Mild dish cooked with vegetables and lentils in a sweet and sour coconut sauce (mild)	
Karahi Chicken or Lamb	£5.75	Sag Chana Balti	£4.25
		Delicious vegetarian option to the popular Balti dish cooked in our own special way with spinach and chickpeas	
Karahi Chicken Tikka	£6.25	Maas Lazeez.....	£9.95
		Fresh tomatoes, garlic and chillies slow cooked with spiced whole trout (fairly hot)	
Karahi Prawn.....	£5.95	Trout Shashlik Bhuna	£9.95
		Fresh tomatoes, peppers and onions barbequed in the Tandoor then cooked in a rich sauce with spiced whole trout	
Karahi King Prawn.....	£9.95		
Garlic Chicken or Lamb Chilli Massala.....	£6.25		
Cooked with fresh Garlic, Green Chillies and coriander (hot)			
Chicken or Lamb Samba.....	£5.95		
Mild dish cooked in a sweet and sour coconut sauce (mild)			

Biryani Dishes

Biryani dishes are cooked with Pilaw Rice and served with mixed vegetables side dish

Chicken or Lamb Biryani	£5.95	Prawn Biryani.....	£6.50
Chicken Tikka Biryani	£6.50	King Prawn Biryani	£10.50
Mix Biryani	£6.95	Vegetable or Mushroom Biryani.....	£4.95
Cooked with Chicken, Lamb and Prawn		Served with Massala Dall (Spicy Lentils)	

House Special (not for takeaways)

The Indian Fast Food House Special is a specially prepared Bhuna dish served with rice and green salad. One per person

Mixed Bhuna with Special Fried Rice	£9.95	Vegetable Bhuna with Vegetable Pilaw.....	£8.95
Cooked with Chicken, Lamb and prawn.		Cooked with Chana, Okra, Mushroom, Aubergine and Spinach.	
Served with Special Fried Rice		Served with Vegetable Rice	

Thalis (not for takeaways)

Combinations of four different dishes, Pilaw Rice and a Nan Bread or Tandoori Roti. Great when you're really hungry!

Mixed Thali	£9.95	Seafood Thali	£10.95
Chicken Tikka, Methi Gosht (lamb), Sag Prawn, Vegetable Madras, Pilaw Rice and a Nan or Tandoori Roti		Prawn Dansak, Prawn Balti, Sag Prawn, Prawn Mushroom Wala, Pilaw Rice and a Nan or Tandoori Roti	
Meat Thali	£9.50	Vegetable Thali	£8.95
Methi Gosht, Lamb Kurma, Chicken Madras, Sag Chicken, Pilaw Rice and a Nan or Tandoori Roti		Vegetable Dansak, Vegetable Kurma, Sag Aloo, Bhindi Bhaji, Pilaw Rice and a Nan or Tandoori Roti	

Vegetarian Dishes

Main Dish: £3.75 - Side Dish: £2.75

Mix Vegetables	
Bombay Aloo - spiced potatoes	
Sag Aloo - spinach & potatoes	
Aloo Mutor - potato and chickpeas.....	
Aloo Gobi - potato and cauliflower.....	
Bhindi (okra) or Brinjal (aubergines) Bhaji	
Mushroom or Sag (spinach) Bhaji.....	
Chana (chickpeas) or Cauliflower Bhaji	
Tarka Dall - Lentils cooked with fried garlic	
Massala Dall - Spicy lentils (medium)	
Sag Chana - Spinach and chickpeas	Main Dish Only
Mutor Paneer - chickpeas with Indian cheese	M: £3.95 / S: £2.95
Sag Paneer - spinach with Indian cheese.....	M: £3.95 / S: £2.95

Rice & Indian Bread

Pilaw Rice (basmati).....	£1.95	Dall Puri	£1.95
Plain Rice.....	£1.90	Two Puris stuffed with lentils	
Mushroom Pilaw	£2.50	Plain Paratha.....	£1.95
Vegetable Pilaw.....	£2.50	Stuffed Paratha.....	£2.40
Egg Fried Rice.....	£2.50	Stuffed with spiced vegetables	
Special Fried Rice	£2.70	Keema Paratha	£2.95
Chick peas and egg		Stuffed with spiced mince meat	
Keema Rice	£2.95	Riatha	£1.00
Plain Nan	£1.60	Plain, Cucumber or Onion	
Garlic Nan	£1.90	Papadom	50p each
Peshwari Nan (sweet)	£1.90	Plain or Spicy	
Keema Nan (mince meat)	£1.90	Mango Chutney	60p each
Tandoori Roti	£1.70	Mixed Pickle.....	60p each
Chapati	£1.00	Onion Salad.....	50p each
		Mint Sauce.....	50p each

English Dishes

These dishes are served with chips and green salad

Boneless Fried Chicken	£4.75	Portion of Chips	£1.30
Plain or Chicken Omelette	£4.75		

Students get takeaway prices when you eat in!

